



Alcohol Stabilization Unit

The Alcohol Stabilization Unit (ASU) is a safe and humane environment for people who are alcohol-dependent and are seeking stabilization and transition to services.

The goal is to break the cycle of repeated usage of emergency services from homeless chronic alcoholics in Flagstaff and surrounding communities.

Arizona has among the highest rate of individuals 25 years or older who were in need of, but did not receive, treatment for alcohol abuse (8-9%)

Northern Arizona has higher rates of chronic alcohol dependence and binge drinking than the rest of the state.



Alcohol Stabilization Unit

ASU FUNDING:

FY 2013 Revenue & Expenses:

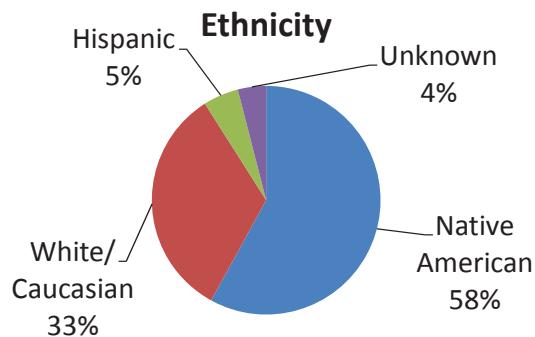
- Projected revenue from NARBHA: \$780,000.00
- **Projected Revenue from the City of Flagstaff: \$74,250.00**
- Revenue from Coconino County: \$36,000.00
- Projected revenue from Navajo Nation - AHCCCS: \$65,000.00

Total projected revenue from all sources for 2013: \$955,250.00

Total expenses projected for 2013: \$955,250.00

Who We Serve

- Total of 91 admissions for December 2012 (858 for CY 2012)
- 83% from Coconino; 12% from Navajo; 4% from Yavapai; 1% from Maricopa
- 268 Total bed days were utilized; approximately 3 days average stay
- 80% Male; 20% Female



Community Referrals/Partnerships:

- Flagstaff Medical Center - 43%
- Flagstaff Community at large – 31%
- Flagstaff Police Department – 10%
- Guardian Medical Transport -6%
- Flagstaff Shelters – 3%
- Other social services

** Numbers are from the ASU Utilization Management report for December 2012.*

Alternate Costs to the Community

Flagstaff Police Department (2009)

estimated \$100 cost per encounter for each public intoxication or liquor related arrest. Total cost is approximately \$24,800

Flagstaff Medical Center (2009)

- 1,577 visits to the emergency room average cost per encounter - \$2,076
 - Average Reimbursement per encounter - \$400
 - Average loss per encounter – 1,676

Number of encounters increasing

Guardian estimated 410 public intoxicant transports in CY 2009 at a cost of \$1,000 each = \$410,000.

- Alcohol-related visits 4-8 average daily
- Emergency Department turnover for intoxicant is 8 hours per bed (vs. 2 hours for other patients).



Source: Northern Arizona Regional Behavioral Health Authority



Benefits to the Community

Continuing to fund the ASU allows for less pressure on the Coconino County Jail, Flagstaff Medical Center, Guardian, Flagstaff Police Department, and the Flagstaff tourist industry.

- ASU is instrumental in clients receiving on-going care. ASU has assisted clients in accessing services outside of Flagstaff for long term treatment that meets their cultural needs as well as behavioral health services available at The Guidance Center.
 - 11% of the Consumers of ASU transferred to The Recovery Center
 - 83% of the Consumers of ASU were given community referrals
- The Guidance Center is a leader in the “Closing the Gap” initiative, a community-wide discussion that addresses the “revolving door.”



Thank You!

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THE Guidance CENTER

Alcohol Stabilization Unit Fact Sheet

The Alcohol Stabilization Unit (ASU) provides a sober, safe, and secure environment for adults who are in need of immediate stabilization and transition services.

The ASU is open 24 hours a day, 7 days a week, 365 days a year.

ASU offers:

- Nutrition
- A safe place to rest and establish sobriety
- Self-care assistance
- Educational groups
- Case management services

ASU Staffing:

A minimum of two staff, one of which is an EMT, are on duty at all times.

- EMT, who screens all consumers to establish medical care if needed and monitors all those admitted into the unit.
- Behavioral Health Specialist, on-site 24/7
- Manager
- Case management is provided to integrate and link services including:
 - ❖ Substance abuse and mental health treatment, including residential and/or outpatient services
 - ❖ Social support
 - ❖ Assist with AHCCCS and other funding applications
 - ❖ Veteran's services
 - ❖ Other mainstream services such as transportation, health care through our integration clinic, access to seasonally-appropriate clothing

Benefits of ASU:

- *11% of our ASU Consumers were transferred to the TGC Recovery Center in December 2012*
- *2,056 overnights were spent at the ASU, off the streets, out of jail, and out of FMC*
- *858 clients served in CY 2012*
- *83% community referrals*

What the ASU does for our Community:

- Keeps chronic alcoholics safe, easing their suffering
- Provides a path out of the cycle of abuse
- Saves tax-payer dollars by reducing police, fire department, jail, and emergency room costs